



Wellness Inspired Events

Embed health & vitality into your life

[Enquire now](#)

Reconnect with Nature



You have been racking your brain to come up with a concept that's simple to organize, gorgeous, and a little more chillaxed and adventurous. More in line with who you truly are! Then look no further!

Who says a birthday, hens day, Christmas party, promotional event or just a fun day out with your group of friends has to spent seated in a boring, stuffy and expensive restaurant?! (thanks, but no thanks!)

Don't you wish someone would take the entire task off your hands so all you had to do was turn up?

At Soulful Hikes, we create events with your physical and mental health in mind..

Our end-to-end services include setup, styling and clean up, so once you put your event in our hands, you don't have to lift a finger!

Choose from one of our inclusive packages that feature a hike in nature, catering, and a theme or activity. Or 'choose your own adventure' by mixing and matching our range of fun elements.

Turn your run-of-the-mill day out into a vibrant, memorable experience that your friends will talk about for years to come!

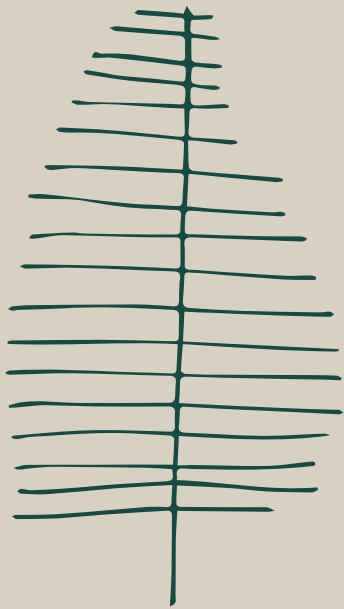
Transform.

your celebration

with outdoor adventures

Spending quality time together in nature will —

- release endorphins
- reduce stress levels
- create a positive mood
- improve attention spans
- increase clarity of thinking
- promote creativity



Gaze + Graze

**Guided hike +
luxury grazing picnic**

Enjoy a day out like no other, including a beautiful hike in nature, dining in the outdoors and time for dreaming.

We provide everything from food to cutlery, all set up and packed down for you.

**Best for:
Mood boosting & relaxed
luxury**

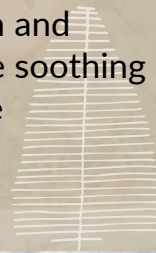


Yoga + Yummies

**Yoga session +
guided hike + picnic**

Renew your spirit with an energizing yoga session overlooking the beach, followed by a soulful guided hike and a delicious grazing picnic.

**Best for:
Finding your Zen and
unwinding to the soothing
sounds of nature**



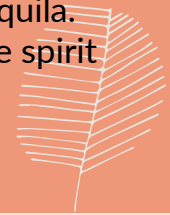
Salsa + Sombreros

**Guided hike +
Mexican themed picnic**

Hola Senor & Senoritas!
Mexican food tastes
better in the great
outdoors.

Grab your sombrero and
enjoy delicious
guacamole, tortilla chips,
and refreshing margaritas.

**Best for:
Fiesta. Siesta. Tequila.
Bring your festive spirit**



Event Packages



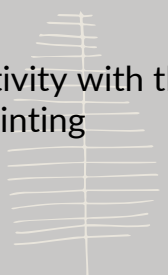
Brie + Brushes

Guided hike + painting +
luxury grazing picnic

Unleash your inner
Michelangelo with a creative
painting session, while
enjoying a platter of gooey
Brie, delicious nibbles, and
desserts.

Perfect for an event, art
party, or a special
celebration.

Best for:
Nurturing creativity with the
gentle art of painting




Dine in a Dome

Guided hike +
picnic in an igloo

When you've finished your
relaxing hike through
nature, you'll be rewarded
with a luxurious picnic in a
pop-up igloo.

Stay out of the weather
with this themed party,
elevate your dining
experience and reconnect
with your friends

Best for:
Making memories in a
magical wonderland



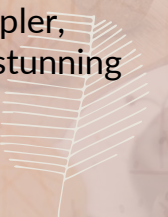
Glamp + Gather

Guided hike +
picnic in a glamping bell
tent

Our 5 metre bell tent is
spacious and airy, and will
provide standing space for
your glamorous picnic.

We provide setup, styling
and cleanup so you don't
have to worry about a
thing.

Best for:
Remembering simpler,
slower times in a stunning
location



Event Packages

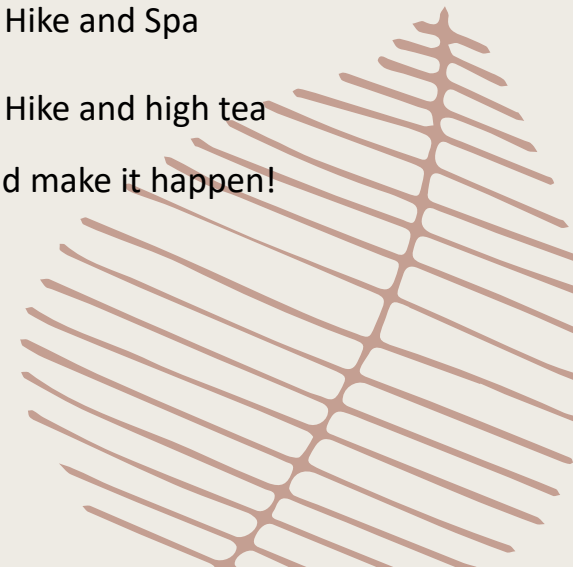


Interested in adding more enriching elements to your event or picnic? Choose from a range of extra activities —

- Cooking & meal planning
- Mental health & relationship guidance
- Setting intentions & goals
- Breath work & mindfulness
- Walk & talk therapy
- Painting (canvas) class
- Pot painting class
- Terrarium workshop
- Cooking class
- Pampering session
- Flower crown making
- Cocktail making class
- Guided wine or beer tasting
- Photography class
- Hike and brewery
- Hike and winery
- Hike and Spa
- Hike and high tea

Or suggest something and we will try and make it happen!

enriching
Extras



How much does a Soulful Hikes event cost?

- Prices range from \$100-\$300 per person.

How difficult is the hike?

- The hike is 1-2 hours and can be tailored to the fitness level of your group.

Where do the events take place?

- We have several favourite spots but you can choose any location within greater Sydney.

What size group do I need?

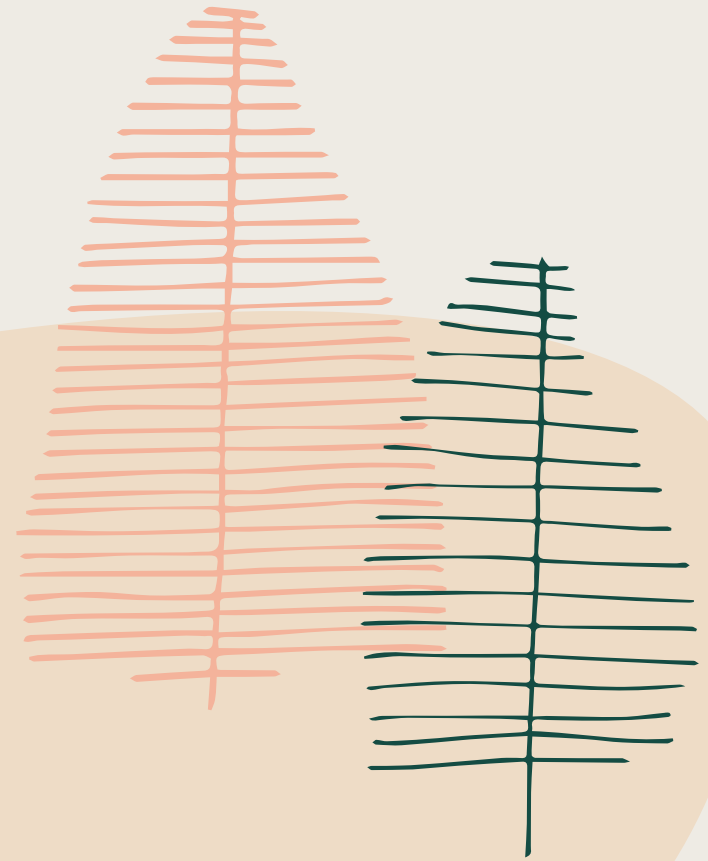
- Group sizes can range from 7 people to 50+.

Can I create my own package?

- Yes, absolutely!

What happens if it rains?

- We have a flexible postponement policy allowing you to reschedule if the weather is bad.
- We also offer an inclement weather credit valid for one year from your original event date.



All. The.
FAQs

We feed. your soul.

Responsive
Community-minded
Giving
Nurturing
Mindful + Positive

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Make an enquiry

Enquire now

